

Transcript for the podcast “Worthy: Celebrating the Value of Women.”

Hosts: Elyse Fitzpatrick and Eric Schumacher

Episode 10 — Guest: Lisa Elrend

Date Aired: April 6, 2020

Eric Schumacher 0:09

Welcome to Worthy, the Christian podcast that celebrates the value of women. Each week we'll bring you conversations with women and men on the value of women in the church, home, and society. We will not always agree on everything. But we do agree that God is glorious, the Bible's true, women are valuable, and respectful conversation on this topic is essential in our day.

Welcome to another episode of The Worthy Podcast. I am Eric Schumacher. And this is my co host, Elyse Fitzpatrick. Our guest today is Lisa Eldred. She's an educational content strategist at Covenant Eyes, and she's the author of several free ebooks that you should check out; More than Single, Finding Purpose Beyond Porn and Hobbies and Habits: Fighting Porn with Purpose. Her writings also appeared on Love Thy Nerd. And in her free time, she enjoys board and video games, she writes sonnets and volunteers at her local church. We do want to add for those listening who might have little ears around that there will be sensitive content, mature content in today's episode. And so if you're in the minivan taking the kids home from school, you might want to wait and listen to this episode with some some earbuds in. So Lisa, welcome to the podcast.

Lisa Eldred 1:53

Thanks for having me.

Eric Schumacher 1:54

Yeah, it's great to have you here. Why don't you just start by telling us a little bit about your faith journey, who you are, what you do, and how you grew in your understanding and appreciation of women?

Lisa Eldred 2:07

Yeah. So I am the prototypical evangelical kid from the 80s and 90s. I actually remember and I do count this as my salvation experience, because I remember it, but I remember getting saved in the sound booth at my church, when I was like three or something like that. Obviously, you know, when you're

that young, you don't quite know what it means. But I think that God saw that and, you know, through His faithfulness, just through a variety of experiences, including a pretty ugly church split, when I was in high school, just made me started taking faith pretty seriously. I basically haven't really looked back since I was a kid. So in terms of like, just how I've grown in my journey of how I look at women and what the Bible says about woman, I would basically describe myself as Baptist. It was a non denominational church, you know, kind of a little bit more on the conservative complementarian side of things. The churches that I grew up in, I was fortunate, like, you know, we didn't believe in women pastors, but we did believe in active women involvement. My mom was a deaconess. And my dad was also a deacon. So both of my parents very active in church leadership, mom taught VBS for years, still teaches Sunday school at the church they're currently at. Grew up in a culture where women's voices were valued. And have always been in churches where, you know, again, there is the teaching of roles for women, in terms of women not having authority over men, not teaching over men, but still having input, having a voice. The church that I am currently at, is incredibly good about this. In fact, my pastor in a sermon series last summer, he quoted very actively from Jen Wilkin. He quoted from one of her books multiple times over the course of a sermon series, he stated out right at the beginning that he was using it. Growing up, I had to wrestle through a lot of the issues in the Bible, just, you know, what does it mean when it says women should be wearing head coverings and stuff like that? It is one of those things where every once in a while something happens, where I just have to go back and reevaluate my beliefs and I think that's healthy. You're going to learn you're going to change the closer you know the Bible, the more you're going to want to reevaluate like, Wait, am I believing this just because somebody has taught me or is it because it fits what the Bible actually says. I do still call myself a complementarian, have been wrestling more actively with that. What I keep coming back to and if I stay complementarian my entire life it will be because of the beauty of the picture of Christ with the church as his bride and just modeling that out through the relationship of men and women.

Eric Schumacher 4:58

Yeah, that's good. Tell us about your work with Covenant Eyes. What is Covenant Eyes? And how did you end up there?

Lisa Eldred 5:04

So whenever I introduce myself, I think the worst time that I've done, this was probably a baby shower. I always start with, oh, have you heard of Covenant Eyes? And most of the time, people are like, no, what is that? And then I just kind of get this smirk on my face. And I say, Well, have you heard of internet pornography? And they like, Yes, Yes, we have. And then I make some sort of dumb joke about like, Yes, I work in the porn industry. Or sometimes I write spam emails about pornography. So you know, it's one of those. It's a serious topic, but because we are in it, so often, we have to be a little bit snarky about it. I will say, you know, the baby shower was probably the worst context for that. But I've used that introduction at conferences, where they've only heard that first part. And then they didn't go into my

actual spiel about or they didn't hear the spiel about this is what Covenant Eyes actually is. And they would come back and be like, Oh, I thought you were actually working in the porn industry. But you know, just if you're in a loud room. Anyway, what Covenant Eyes actually is, we create educational content, which is where I fit in the company, and we create software to help people break free from porn, or never start watching in the first place. The biggest group of clients is usually men, who, they've been struggling with porn, maybe even since they were little kids, you know, whatever has happened in their life, to give them the kick that they need that to know I need to stop watching this. Our software basically monitors what people do on their devices, send screenshots, blurs them highly, I could go into the whole how we protect people's privacy is real, but I'll save. I'll save you from that right now. We analyze those blurred screenshots, figure out like, Okay, this is something that they shouldn't have been watching, send a variety mostly focused on those but a little bit of extra context, just so people can see, that goes in what's called an accountability report to an ally that that person has chosen. And it allows the ally to go to the person who's trying to break free and say, Hey, I saw you were looking at this, what was going on. We also offer a filter, which just blocked access to pornography. The actual relationship there is the key portion that lets people say, oh, what was going on in your heart? What were you struggling with? I heard that you, you know, I saw that you were watching this at 1am. That seems to be a consistent theme. So helping people identify the triggers that says, I'm going to go on the porn binge right now, and then help change their behavior. So that relationship is really the key portion of that.

Elyse Fitzpatrick 7:50

So Lisa, just in case somebody has been living under a rock and has no idea, why don't you talk about just briefly, how much of a problem is porn in the church?

Lisa Eldred 8:06

In the church it is a slightly less worse problem than in the world in general, but it is still a huge problem. We did a survey with the Barna Group partnering with Josh McDowell Ministries that was called the Porn Phenomenon came out in 2016. I want to say it's something like, even in the church, still, like 50% of church males watch porn at least occasionally, like outright go and seek it out. I want to say it's 7% of pastors admit to actively seeking out porn daily. Pastors. So 7% doesn't sound like many, but that's still a pretty significant problem. Like, especially when we are supposed to be like in a church, that environment that talks like no, don't sin sexually, avoid, immorality, that sort of thing.

Elyse Fitzpatrick 9:02

It's so troubling to me to know that, statistically speaking, when I as a woman, go to church on Sunday, half of my brothers have viewed porn in the, in the recent history.

Lisa Eldred 9:22

So here's a weird thing about working at Covenant Eyes. I look at the stats. I mean, again, that's in the church which somewhat lower, but it's still big. When you look at the world in general, I think it was something like 25 to 30% of men in general claim that they never seek out porn. Again, that's based on the Barna statistics from 2016. That was also only people aged 25 and older. So you know, when you get into young kids who are raised on the internets and hand-held tablets with no monitoring, that's a whole different story. But the thing is because I'm so in this, I actually look at people and say, anytime I go into that spiel with a man in particular, I don't say this outright to them, but I just assumed that they have a problem with porn. I assume that it is something that they have struggled with at some point in their life. That whether it's an active struggle, like they were watching it last night, or whether it's something that they, at some point, stumbled across it like, had a couple of incidents as a teen and then just said, No, this is not one want to be in, managed to successfully quit. The thing is, especially my generation and younger, I'm 37, I'm on the old side of millennials. You know, I actually remember a time before the internet. Basically starting with my generation and younger, we were raised online, and parents just had no clue, to my parents, Playboy was how you got your porn. And so you protect yourself by staying out of that magazine aisle in the grocery store, whatever, not having those magazines around at all. whitehouse.org or something like that you guys might remember from the 90s, the huge thing main domain name, you would expect kids to be, Hey, you know, you've got this government assignment, go on the computer and look up something about the White House. And it was a porn site. The porn industry bought that domain specifically to entice kids. And when you're a kid, especially if you haven't been raised this is how you protect yourself, this is how we as parents want you as a child to respond when you stumble across porn, that just hooks them so quickly. So when it comes to just interacting with men in the church, especially my age and younger, you've probably been looking at porn since before you knew it was bad. You didn't know what to do with it. The question that I have for them is what are you going to do about it now?

Eric Schumacher 12:07

No, it's a it's a really weird age we're living in and it makes me concerned for 40 years from now, you know, as you were mentioning, I'm I'm 43. So I'm on the, I guess, the young end of Gen X. And when I was a kid, you know, first exposures to pornography were friends showing me a magazine, or a movie in their home, you know, that their parents had or that their friend had smuggled in. You had to be in an environment like that. And it wasn't something that was in my home. And so it made me feel uncomfortable. I talked to my mom about it. And we we talked about those things.

Lisa Eldred 12:49

Well, and that's excellent that you had a relationship with your mother that you felt like, Hey, Mom, so and so just showed me this, what do I do? A lot of kids don't have that.

Eric Schumacher 13:00

And I also have a very sensitive conscience. So it was hard for me to keep anything in. But you know, it's bizarre to think how many years people prayed that Playboy would stop publishing nudity, you know, pornography, and they have now at least nudity. And it's because the Internet has brought them down. Not because people are against it, but because it's so prevalent, and easily accessible. It's a really scary thing. And we want to get into that a little bit with you about why pornography is addictive, what's going through the mind of people who use it, and how it affects us. Before we do, we've been talking about the statistics of men using pornography, and often it's thought of as a men's issue. Is it solely a men's issue? What is women's involvement?

Lisa Eldred 13:52

It is not solely a men's issue, it is still more likely for it to be a men's issue. The stat that I cited earlier, where it's something like 70-75% of men admit to seeking porn out at least occasionally. It's actually more like 70% of women say they do not ever seek out porn. But that's still you know, you're talking like 25-30% of women do seek out porn at least occasionally. So I think that particular stat is from people aged 25 and older. And again, if you look just generationally, how many parents are just handing their kids an iPad and saying, you know, go have fun, like do whatever, not really thinking about the fact that they're sitting there bored in their rooms and pulling up porn videos that their friends are sending them. I think that as the young as younger kids grow up, that's where we're going to see a lot probably closer to a it'll probably settle out at more like a 40/60% split just based on how these things usually go. But you will see a lot more women watching porn.

Eric Schumacher 15:08

Hey friends, this is Eric. Elyse and I are so thankful for the responses that we have received to the Worthy podcast. We've heard from so many of you who have told us these conversations are helpful, thought-provoking, and even refreshing. The episode that you're listening to today was recorded before the nationwide Corona virus outbreak and response. And as you know, this time has brought a few changes to how the world works. One result has been the cancellation of many speaking engagements because people can't gather. And those cancellations have resulted in the loss of important income. And while we are not suffering in the ways that so many may be, we do pay the costs associated with the production of this podcast. And while those expenses are not excessive, they are significant in a time of lost income and uncertainty. We have another 14 episodes left to record, and we have the funds to produce those. However, we feel that if we're unable to raise consistent funding for future episodes, we

may need to suspend the podcast. That said, if you would like to support us at any amount, we've set up a Patreon account so that you can do so. Visit it at Patreon.com/theworthybook. And there you can schedule recurring donations of any amount from \$1 to \$50. And you'll also find some gifts and rewards at various amounts of donation as our way of saying thank you for your generosity. Again, that's [patreon.com/theworthybook](https://Patreon.com/theworthybook). You can also find a link to it on our webpage worthybook.org or in the show notes. Thank you again for listening, for being our friends, and for joining us in these important conversations.

Elyse Fitzpatrick 17:21

I know you've done a lot of work, Lisa, thinking about what actually happens in the brain of people who are watching porn. And this is something that, you know, I know this is sort of newer science, and I think it's so, so important for people to understand.

Lisa Eldred 17:41

So there was a study actually back in the early 80s that I'm probably going to misquote some of so I cited so much that I don't even remember the exact details anymore. Like I'll just go and copy and paste this information. The researchers in the early 80s, they took a bunch of like college students divided them up into three groups said Group A You are the no porn group, group B, you're 50%, porn 50%, no porn, Group C only porn. They were basically assigned over I think it was a course of six weeks or something like that to watch either pornographic or non pornographic, or a mix of content over those courses of weeks and they measured how people's attitudes shifted. And there were so many findings with that. The people in the porn only group - their attitudes towards their significant other like just over the course of a matter of weeks and not that much porn - their attitudes towards their significant others was way lower. The people in the high porn exposure group, they were presented a scenario of basically a woman who got raped and what was what sentence should her rapist receive, and they wanted a way lower sentence. Now this was again in the early 80s. So you didn't have all sorts of exposure to hardcore porn, as we do now. And this was back when it was only video access. I think it's Dr. Judith Reisman, who calls that group she calls that the Friday Afternoon Group because people they can sit there and binge watch hours of porn every day. So that's kind of one of the big benchmarks. So there's a psychological aspect that happens when you're watching porn of your attitudes towards women are changing. That's true of women too, by the way; the women in the high exposure group they also wanted to lower sentence for the rapist. So they wanted a slightly longer sentence than the men, but they still wanted to lower sentence than the no porn group. So that's kind of a high level overview of some of the psychological effects. If you look at neuro chemistry, I think it was Dr. Norman Doidge's *The Brain That Changes Itself*, he's got this wonderful chapter on this, he actually looked at a lot of the chemical reactions that go on in your brain during things like sex and pornography. Whenever you have some sort of sexual experience, this whole host of chemicals just goes off the cuddle hormone. And, of course, I'm blanking on the names of them - norepinephrine, I think it's one. All of these hormones are

going off. What they're supposed to be doing is they're supposed to be doing is bonding you with whatever is causing this sexual experience. So if you are married, this is your first sexual experience, what it's doing is it's saying, Oh, my spouse who I just married, that person is giving me this endorphin high by having sex with them, the physical touch aspect, I'm bonding with them that way. It's designed by God to build intimacy. When you are bonding with porn, what's that physical touch hormone going to do? It's going to bond you, with yourself. When you are bonding with porn, you are binding yourself to variety, because nobody sits there and watches the same porn video over and over again. Nobody sits there and watches even just the same porn actors over and over again. You might revisit a couple of actors, but you are looking for variety. You are scanning through thousands and thousands of images. There are celebrities who talk about that. We've worked with Lamar Odom, basketball star, and was on Dancing with the Stars, and he was talking about when he was playing basketball, if he missed the bus, he had to pay a fine. But he would intentionally miss the bus because he wanted one more hit like find one more video, he missed the bus for porn. So it's training you for that variety. It is neurochemically wiring you for that variety. So then if you go back, if you're married, and you're watching porn, you know, you'll hear the stories of the wife was like, why can't I be enough? Why doesn't he love me? Because you can't be enough. You are one woman. And even splurging for the plastic surgery and whatnot, you physically cannot be enough for someone who has just been training himself to get off on all sorts of variety going on. And this is not just again, I'm keep focusing on the science here, right? Like this is a human issue. This is a health issue. We have partners in secular organizations, who there's one group in particular called NoFap. And they found that these young men aged 20 to 25 they're getting erectile dysfunction with her girlfriends who they love. Because one girl is not the same as thousands of porn girls. Well, this is not friendly for children!

Eric Schumacher 23:13

Yeah. But speaking of children, it's an important thing to protect our children from, you know, your your mention of the research there. Have you heard of the book Your Brain on Porn? It was written by Gary Wilson. Yes.

Lisa Eldred 23:28

Yes. Covenant Eyes also has a book called Your Brain on Porn, which is where you can find that study from the 80s.

Eric Schumacher 23:36

Yeah. So I'd encourage people, can they find that on the Covenant Eyes website?

Lisa Eldred 23:41

Yep.

Eric Schumacher 23:41

Okay. And then I know, one book I've used with my kids is Good Pictures, Bad Pictures. Are you familiar with that?

Lisa Eldred 23:47

Oh, yeah, we love that book.

Eric Schumacher 23:49

It's great. It goes through some of that science on a children's level. And I know they have it for even kids that are three to six years old, and talks to them about how their brains are affected when they see these images, and then what they should do. And so for parents who don't know how to have that discussion, you can get those books and your kids will want to read a book with you. And you can sit down and read that with them. And the authors will do a lot of that work for you and give you instructions on how to move forward. And I think that's important because it is not a matter of anymore of whether or not our kids are going to see pornographic images. In fact, the language you kept using was seek out porn. Because if you have a social media account at all, you're going to get friend requests and follow requests from people with pornographic images in their profile pics, it just comes through and scares me for my kids.

Lisa Eldred 24:47

I've been at Covenant Eyes for 10 years and even just watching a random video trailer movie trailer at the end it just like randomly built into the video itself just pulled up a bunch of porn images and it's like, I work at Covenant Eyes! I know how to protect myself. Because I clicked some random off, you know, not normal YouTube video for a video trailer just because I was curious about something else. It's just everywhere and I'm good at protecting myself. Parents, you absolutely need to be proactive about this. One of the things that we hear a lot from parents is that they're scared of being the ones who would introduce their kids to the concept of porn. And the answer is no, you need to be the person who introduces your kids to the concept of porn, because you do not want them googling porn. You don't even want their friends to be introducing them to porn. You want to be the one who's in control of this. You want to be the one who says, okay, when you see porn, this is how I want you to respond. I am not

going to punish you because you watched a Minecraft video and then at the end of that it had some random porn clip attached to the video itself. I just want you to come to me and tell me Hey, this happened. What do I do about it?

Elyse Fitzpatrick 26:08

So Lisa, thank you so much for that. Thank you so much for the work that you are doing at Covenant Eyes, we're very thankful for your organization. It must be sometimes really overwhelming. And yet, maybe maybe also hopeful that, you know, you guys are able to seek to address something that really is infecting all of our churches.

Lisa Eldred 26:36

Oh, for sure. To go back to the story of how I introduce myself, when I first started working at Covenant Eyes and just came up with that joke introduction most of the people would be like, no, I've never heard of Covenant Eyes. But it's been encouraging because especially in church organizations, I will be talking to like college aged guys just, you know, hanging out or whatever, and be like, oh, what do you do? Oh, I work at Covenant Eyes and have you heard of them? And they're like, Oh, yeah, I use you. These are college age guys. You know, we want to change culture. We want to encourage people to be like, no, we know that porn is a problem. Let's protect ourselves. And the fact that college age guys are just like, yeah, of course, porn is a problem. Of course, I'm going to take action on it. It's just fantastic to hear.

Elyse Fitzpatrick 27:23

That is really, really encouraging. I want you to talk a little bit, Lisa, if you would, about how, how a better theology of women would help combat porn. And how is that important?

Lisa Eldred 27:42

I'm not going to talk on the personal level here. Because this is a little bit of a side note; we haven't heard it as much, but especially when I first started working here, we would get a lot of blog comments who are like, I don't need accountability software, I just need Jesus. And for most people, that's like, yes, we absolutely need Jesus. But that's not how Jesus works. God created our bodies, God created all of the chemicals in our head. You know, your physical problem needs physical healing. On a personal level, a better theology of women will be like, oh, porn is making me not appreciate women as much and only see them as sexual objects. Yes, that can be the conviction that works in some people's hearts. Where a better theology of women actually would help a lot in, especially in a lot of more conservative churches is changing the culture to make churches unfriendly to porn, especially in more conservative, more strict

complementarian circles, where the woman's value is really the emphasis is put on, oh, you need to be married, you need to be raising children. That is your primary calling in life. You know, we just hear all these devastating stories from wives who are like, you know, I tried to go and talk to my pastor about my husband's porn problem. And he said, well, if you just lose weight, or if you're just more open to having sex with him or something like that, and it's like, as established, the man has been training himself on variety, it has nothing to do with her. The porn problem probably started years or decades, even before he ever met her. If a pastor is being proactive, saying no, I want to listen to the voices of women. I want to honor them the way that the Bible honors them. You know, you are actually encouraging people. You're looking at some of the harder passages like David and Bathsheba, you're saying, Oh, this was actually David taking sexual advantage of Bathsheba. You're teaching the church these are examples of sexual exploitation of women. Even if you're focusing primarily on the Bible as the source you can use pornography and abuse as an example of one modern way that we do this is by watching pornography. We are taking advantage of a lot of women. A lot of them are sexually exploited, they might have been sex trafficked. Even if they haven't been specifically sex trafficked, even if they think that they're doing it voluntarily, it is probably an issue of there was some sort of abuse in their past where they really don't see their own value anymore. You're preaching like, no, your sisters are created in the image of God, you're starting to train people to see this is somebody's daughter, this is somebody's sister. These are women who are created in the image of God and really need to be valued and not exploited for their bodies. I've been brainstorming this for a while. There's so many ways pastors and counseling. If you are coming to women, from the posture of, I believe you at least enough that you have come to me with an issue of pornography in your husband, or if a pastor hears that from a woman and comes to the woman from the attitude of I believe you at least enough to investigate and take action, that's going to make a an environment where the really abusive men are going to see Oh, I'm not going to thrive in this and they are going to leave your church and that's a good thing. There's so many ways that that could help just change the whole environment of the church.

Elyse Fitzpatrick 31:23

So then looking at women as being created equally as men have been in the image of God and therefore having value aside from their entertainment value or exploitation value, you know, that I think is so important. And you know, I'm really glad that you brought up David and Bathsheba. I've been in the church for 45 years and I have never heard any pastor say that the relationship between David and Bathsheba was something other than adultery. Where Bathsheba somehow was the seductress. I've just never heard a pastor stand up in front of a congregation and say, guys, you know, if this wasn't out and out rape, I mean, it is in essence, because she had no choice. She could not say no. I wish I would hear that from men who would be counteracting the sort of view that the women in the Bible that we talked about in worthy, you know, Tamar Bathsheba, you know, these women who were exploited.

Eric Schumacher 32:56

I think that's good, I think Elyse what you're saying is calling it what it is, is really important. You know, pornography is not a mistake that we make, and sometimes we mess up. You know, I remember to Elyse's point how I always heard David and Bathsheba taught was he committed adultery. And then one time I was watching a Piper, John Piper video of him talking about that passage to a bunch of youth, actually. And he said, David raped Bathsheba in his John Piperish, you know, really stick it to you way. And it just hit home like what David did, he raped this woman. And when I think about pornography, and knowing the percentages of women that are being trafficked into that industry, that using pornography creates a demand for women and children and men to be trafficked into oftentimes into a place they didn't want to go and can't get out of maybe using drugs to cope with this abuse. For a pastor to say from the pulpit for you to use pornography goes beyond merely you've looked at a woman with lust in your heart and so you've already committed adultery before the Lord is a sin, but to say by participating in pornography you very well may be and probably are participating in the abuse of women is a really strong thing. And I know as a father of a daughter, I think about would I ever want my daughter in that environment being looked at by men in those ways and to remember, all of these women are fellow human beings. I think speaking those strong and straightforward ways can be really helpful.

Lisa Eldred 35:13

Oh, I sincerely wish that more pastors would just look at those hard passages. I think literally my first Sunday in a church ever was Easter Sunday, and I was less than a week old. I'm just laying down all of my spiritual credentials here, right? You know, so in basically 37 years of mostly faithful attendance. I don't remember if I've ever heard David and Bathsheba from the pulpit. I do remember at a previous church,

Noel Heikkinen at Riverview Church. He at one point preached through the life of Abraham and talked about how Hagar was basically a sex slave and did tie that to sexual abuse. I've heard the rape of Dinah two or three times at least once in an adult Sunday school class. And maybe once in a sermon, but there are so many issues of abuse like that, that if you want to avoid a topical sermon, but still address the issue of pornography in the church, look at issues like all of the rapes in the Bible. There's so many. There's so many issues of women being abused sexually, that you can then tie this into and a modern example of this is pornography. And hey, we want to help you break free.

Elyse Fitzpatrick 36:37

You know, I've heard people say that the rape of Dinah was actually Dinah's fault. Because she left the family and went over and was talking to these other Shechemites.

Eric Schumacher 36:54

Oh my goodness.

Lisa Eldred 36:56

Or they'll kind of hand wave it maybe of well, you know Jacob just wasn't a good father because he wasn't the one who was keeping her and that's victim blaming. Let's not do that.

Eric Schumacher 37:08

Yeah. And I think maybe sometimes the same thing happens with women who are involved in the porn industry. We talked with Raleigh Sadler on another episode about trafficking. There might be a caution for pastors when they do talk about pornography, to be very careful about how they talk about the women, particularly who are involved, as though they are willfully seductresses or temptresses or whatever. They very well may be modern slaves in some sense. And for them to be able to step out of that industry and into the church to find a place that is actually for them and their good, as opposed to merely they're just an easy target to tear down. Because, I mean, who comes into your church and passes out big business cards, you know, hey, I'm a porn star. Like it's an it's a way for men to feel brave as pastors when you can attack these people, because you don't actually have to see them.

Lisa Eldred 38:19

It's so heartbreaking to hear about the woman though. So we've partnered with a woman named Christina Tipton and Tipton Ministries. Her ministry is literally she and a team of women will go into strip clubs. And they will just bring gift bags of here are some fuzzy socks, here's some lotions and they will rent out a booth. And they will sit there and they will just be there. And they will hear the women's life stories and they will pray for them. And she was saying people are like, well, why don't you just help them get new jobs? And it's because the women don't see their own value at that point. You know, even if they weren't specifically trafficked into them, like they probably didn't have a great home life growing up or whatever, you know, there is something that happened in their life that said, the most valuable part of me is my physical body and getting men to give me money for like to ogle it. She has talked about after months of working at one particular strip club they had to shut down because literally all the women were like, no, we're not coming in today. We see our own value now.

Eric Schumacher 39:37

That is great. Lisa, it's been a great conversation.

Elyse Fitzpatrick 39:40

Thank you, Lisa.

Eric Schumacher 39:42

Yeah, thank you. Can you tell us more about where people could find you online and the books you've written and so forth?

Lisa Eldred 39:50

Okay. Probably the easiest place to find me online is covenanteyes.com. You'll find the books that have a little bit more of my own story are More Than Single:

Finding Purpose Beyond Porn and then Hobbies and Habbits:

Fighting Porn with Purpose. Which yes, I realized the porn and the purpose in both of the subtitles. I am on Twitter if you want to hear just random conversations with coworkers or something like that, like you really not super serious you can find me at firstcrusader. Those are the biggest places to find me online.

Elyse Fitzpatrick 40:31

Well, Lisa, thank you. Thank you for work you're doing. Thank you for seeking to help brothers and sisters treat one another with value and worth. We're so happy that you were with us.

Lisa Eldred 40:48

Yeah, thanks for having me.

Elyse Fitzpatrick 40:50

Just by way of reminder for our listeners. The book that we've written is entitled Worthy Celebrating the Value of Women. And you can get that anywhere books are sold. We're also on Twitter @theworthybook. We have a website which is worthybook.org. And we're also on Facebook, at @theworthybook. If you enjoy this podcast, you can help us and you already know what I'm going to say. Please go on iTunes, rate, review, subscribe to our podcasts. Let people know that what we're trying to do is promote a perspective, a conversation about the value of women among Christians, and thanks for being here.