

Transcript for the podcast “Worthy: Celebrating the Value of Women.”

Hosts: Elyse Fitzpatrick and Eric Schumacher

Episode 49 — Guest: Trillia Newbell

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Elyse Fitzpatrick 00:06

Welcome to Worthy, a Christian podcast that celebrates the value of women. Each week, we'll bring you conversations with women and men, on the value of women in the church, home, and society. We won't always agree on everything. But we do agree that God is glorious, the Bible is true, and women are valuable; and respectful conversation on this topic is essential in our day. Hello, friends, welcome to another episode of the Worthy podcast. I'm Elyse Fitzpatrick, and I am here with my co host, co author, I would say like co bearded one, but I don't think I want that. So, um.

Eric Schumacher 01:22

There's a filter for that on zoom.

Elyse Fitzpatrick 01:25

Exactly, Eric Schumacher. And we're happy to have you here with us today. And I'm going to tell you a little bit about who's going to be with us. But before I do here, I go with my commercial, which is, if you enjoy this podcast, and you know other people who would enjoy it as well, or people you don't even know, but you just want to irritate them by sending them things, please would you rate and review and subscribe and tell other people about this podcast. I've had so many women tell me, women and men tell me, how thankful they are for the work we're doing. And so if you would like to get this message out, we would appreciate it. And here's another commercial very quickly. This doesn't happen for nothing. And so we're very thankful for those of you who are already our Patreon supporters. We can use your help as much as you can. And after all, \$5 a month is really less than a cup of coffee at Starbucks, depending. And so we'd love for you to support us on Patreon. And we'd be very thankful for that. And at the end of the podcast today, we're going to ask a question, one extra question to our special guest, and she will answer it but only Patreon supporters get to hear it. So there you go. And if that doesn't make you want to be a Patreon supporter, I just don't know what will. Maybe Eric can, like, take pictures of his beard and send it.

Eric Schumacher 03:03

Yeah, we could have a poll on there whether or not I should shave it.

Elyse Fitzpatrick 03:10

Yes, I would love that.

Eric Schumacher 03:11

And I'm going to donate it to Locks of Love for men who can't grow facial hair.

Elyse Fitzpatrick 03:18

Okay, so now, let me introduce our friend I this person is a friend of mine, and I'm so thankful for that. So Trillia Newbell is our guest today. Let me tell you a little bit about her in case you live in a yurt and don't know what's going on. Trillia is the author of the children's book, God's Very Good Idea, which is a wonderful, wonderful book. And she's also the author of a Bible study on Romans 8, If God Is For Us, as well as the books Sacred Endurance: Finding Grace and Strength For a Lasting Faith; Enjoy: Finding the Freedom to Delight Daily in God's Good Gifts; Fear and Faith: Finding the Peace Your Heart Craves and United: Captured by God's Vision for Diversity. And I have to say, Trillia that was the first book of yours that I read, and that came out in 2014. Her writings on issues of faith, family and diversity have been published in the Knoxville News Sentinel, Desiring God, True Woman, Christianity Today and The Gospel Coalition and more. She is also a commentator for World Radio which is the sister platform for World Magazine. She's spoken at numerous conferences, churches and women's retreats, colleges and seminaries including True Woman, The Gospel Coalition Women's Conference, Southeastern Theological Seminary and more. In her spare time, Trillia is the Director of--

Eric Schumacher 04:52

She has spare time?

Elyse Fitzpatrick 04:53

--Community Outreach for the Ethics and Religious Liberty Commission for the Southern Baptist Convention, she recently began work with Moody Publishers as an acquisitions editor. And her greatest love, besides God, is her family. She's married to her best friend and love Thern, and they reside with her two children in Nashville, Tennessee. Okay, here we go. That's all the things I have to say about Trillia, except she's a really wonderful woman, and we're happy to have her on the show today.

Trillia Newbell 05:27

Thank you. Thank you. And I will say that I'm actually no longer at the ERLC. I am friends with them, and I support them in other ways. But um, so that gives a little more time.

Elyse Fitzpatrick 05:44

You're, you're kind of like an underachiever, right?

Trillia Newbell 05:48

I don't know. It's so interesting, because I actually have zero goals. I'm not goal-oriented. You would think I was like, the super ambitious goal oriented person, but I have no goals. And I'm not super ambitious. I just like to do things. I'm active. But it is. So I have done a lot of things. But it is bizarre that I get anything done.

Eric Schumacher 06:17

I do see you though still occasionally posting pictures of your cheerleading moves? Is that a goal, to be able to do that till a certain age?

Trillia Newbell 06:26

Well, until I can't do it, I'm gonna keep trying.

Eric Schumacher 06:29

Okay, there we go. I don't know what the technical term is for that.

Trillia Newbell 06:33

Yeah. I don't know, either. But every now and then I'm like, Can I still do a handstand? Or can I still do a jump? Anyways, so funny.

Elyse Fitzpatrick 06:42

You know, I'm not at all surprised, that you were a cheerleader. Because that's like, that's who you are. You're this, you have this happy, cheerful, cheerleading kind of personality. It fits perfectly.

Eric Schumacher 06:59

Even on Twitter.

Trillia Newbell 07:00

Now, what would you say if you also knew I was in the band?

Eric Schumacher 07:04

Wow!

Elyse Fitzpatrick 07:05

What did you play?

Trillia Newbell 07:06

I play the flute and piccolo and I actually marched at the University of Tennessee. So I was in the band, and I'm a classical flutist, or was I don't really play that much anymore. So that that kind of is a picture of my life. Even as you know, as you just went on. Interesting things. Um, I just like to do things.

Eric Schumacher 07:29

Yeah. You were on the you were in the marching band at the same time as you were a cheerleader.

Trillia Newbell 07:36

Yes, so I cheered for basketball. Okay. In high school, I did basketball cheer, and then I did a competitive squad cheer. And then, so in football season, I would be in the marching band. And then in basketball season, we would do concert so we didn't have... So yeah, so I was able to do both.

Elyse Fitzpatrick 08:04

Okay. Now that you've destroyed my self esteem, I'm gonna go back to bed.

Eric Schumacher 08:06

I'm tired

Trillia Newbell 08:09

Whatever. No, it's just funny. Anyway.

Eric Schumacher 08:14

Yeah. How big was your high school. Where did you grow up?

Trillia Newbell 08:18

I grew up in Knoxville, Tennessee, and I have absolutely no idea, it was a public school. Okay. It was a big school, but I don't remember. I don't know how many. Yeah. But it was great. Yeah.

Eric Schumacher 08:32

I was in high school that had-- Well, our K through 12 all met in the same building. We had 450 students K through 12. So you could do all the activities at once.

Trillia Newbell 08:47

Yeah, so we probably had at least four times as many in high school. There is. Yeah, it was a-- I don't know how many, but the schools, at least in Knoxville, were pretty-- it's a college town, and so they're pretty big.

Eric Schumacher 09:06

Have you always been this happy? Like I follow you on Twitter. And you're like one of the happiest and most positive people on Twitter which is an accomplishment in and of itself.

Trillia Newbell 09:15

Yeah, cuz Twitter. No, I mean, I would say and not to cliché my joy, but I do believe the joy of the Lord is my strength. I could tell you many sorrows. A lot of death in my family from four miscarriages myself. My father died. My older sister died. It's-- yeah. So I have lots of sorrows, and I struggled. After my second miscarriage, I struggled with-- I wouldn't say, I don't know, if it was a clinical depression because I came out, so I don't-- I'm really careful about using those terms. But I struggled with-- it was a depression of some sort if, if anything, a dark night of the soul, because I just was-- it was very difficult. And so I would say and then my sister, my oldest sister, before she died, she struggled deeply with depression, and spent about five years in bed, pretty much. That's why I'm also very careful about using terms. I want to name what's true. And so when we moved here, I had a month where I was-- I just could not break a sadness, and I think it was moving to another town even though it was three hours away. But also just a weird heaviness. I had just it was it was a struggle and so, and so I would say that God has given me a sorrowful yet always rejoicing. Because I this summer, which I think we're potentially going to dive into, I can't remember if we're going to talk about the terribleness of this summer, but I have had many opportunities of just a lot of sorrows. So I would say I am-- I have-- it is not a fake joy or putting on just a smiley face. God has given me a joy. But it's not one that, it's been a fought-after joy. It's one that-- Yeah, yeah. And yeah, so just not to change it to super serious, but-- but I do want to, because I do think it's interesting. I don't know, I guess I do have a bubbly-ish personality. But um, I think it's, it's interesting, because I don't know, if people know how much it's just a fought-after joy and a gift from God, I think, a unique-- not unique, but it is a gift that He has given me, a joy.

Eric Schumacher 11:58

Hmm, that's great. Well, you serve others with your joy really well. And so you are an encouragement. Tell us a little bit about your story and how you came to faith in Christ.

Trillia Newbell 12:10

Well, I grew up in a very loving home, but not a Christian home. And so I didn't go to church, we would - I call us, now that I'm a Christian, a holiday Christian. So we would dress up, go to Easter dress up, go to Christmas, you know, but we, we just didn't go to church much. And, and I yeah, I don't know, my mom seemed to have faith because every night I'd see her on her knees and praying. And I know she's a Christian. But, but my dad just didn't take us to church, so we just never went. So. Um, so I when I was 16-ish, I think it was around 16, someone invited me to a church. And I started to go, and I started to do Bible study. And I got pretty serious about it. But it was very workspaced. They just said, you're gonna go to hell. And I was like, Well, I don't want to go to hell. So I started working really hard for the Lord. And it didn't last very long, because that doesn't last very long. And so once a boy kind of came in the picture, I was like, Yeah, I think I'll give that up. And because it just wasn't rooted in anything real. Yeah. And so then I started dating this guy. And we dated and had two broken engagements. And after, in between, then I met a girl who shared the gospel with me, but I didn't want to give up this boy in this relationship. And so but after the second miscarriage, I was pretty humbled and I'm sorry, not miscarriage, broken engagement and came to her church and professed faith in Jesus Christ. Do you know the hymn Rock of Ages? Yeah. So, "Wash me, Savior or I die" was a-- I remember singing that and thinking, yeah, I need-- I need Jesus. I didn't know much more than that. I just knew I needed him. And my life has been transformed. I was ideologically different, I was every-- oh, it's funny how they're, oh, it just, it's remarkable. It's a miracle, but God's grace and kindness that he would save me, man.

Elyse Fitzpatrick 14:30

So, what year was that? When you came to faith?

Trillia Newbell 14:34

Okay. 2000... I believe it was 2000, fall of 2000. Because 2001 I graduated from college, and that would have been, yeah, so fall of 2000 would have been when I became a Christian. Hmm, yes. And so funny, or not funny, but it's a circle, finished the story. I invited that guy to church that I dated forever and had two engagements with and then he professed faith in Jesus. And we barely talked to each other. But now we've been married for 16 years. Happy years! So, anyway.

Eric Schumacher 15:21

Third time's the charm.

Trillia Newbell 15:22

I know. Yeah, poor guy. So, Thern is that guy, and it's been so sweet to see God, yeah. Reconcile us to himself first, and then to each other.

Elyse Fitzpatrick 15:34

That's so great. It's beautiful.

Trillia Newbell 15:36

It is really great. Yeah.

Elyse Fitzpatrick 15:37

So Trillia, you've written a number of books on faith and gifting. And I know we've interviewed you on my family podcast, about your children's books. But first, you know, what do you want to communicate to your readers, young and old, through your writing?

Trillia Newbell 15:58

Yeah, so I have a real heart desire for discipleship. So, if you-- when you stick real close to the Scriptures, there's lots you can write about. I never fear that I'm not going to have something to say if I'm sticking real close to the scriptures. So I just, my communication is really trying to teach truth about the Lord in a way that's accessible. My books are pretty accessible, and then trying to figure out how to apply that truth to life. So my blog (that I don't ever write on anymore) is called, Where Faith and Life Collide. So that's kind of where what I'm doing in my writing is just trying to put truth in an accessible way. And doctrine or theology, whatever it is, in an accessible way for people to read and then apply it to their lives. And so and, I don't-- I try not to write-- I try to help them see that I'm in this race with them. I haven't arrived anywhere, right? We never will. And I really, and so I'm running this race with them. And here's what God is showing me. And so, what does it look like, in my life, but what could it look like in yours? And so we're, we're running this together. And so that's one of the things also that I tried to do in my writing, because though I'm, I'm young-- I'm older than many of the people writing these days, but I'm young, and so, and so I want to be real-- just aware that we're in this together, yeah, in the way that I write, or at least that's my hope. Now with kids books. That's a little different. Right? So yeah, with kids books, I'm just trying to delight them with truth.

Elyse Fitzpatrick 18:01

So talk to us a little bit about your kids books.

Trillia Newbell 18:04

Yeah. So okay. So I wrote a book called God's Very Good Idea, which is really a picture of the gospel and how it applies to our differences. And, so that book is, really it's, gosh, it's, you could say, it's from Genesis to Revelation in many ways, but, but the big chunk of it is really the Gospel. And teaching kids, okay, this is what transforms us. And this is what transforms our relationships. And this is why we can enjoy and love one another. This is the reason, because of what Jesus did and what he accomplished on the cross. And so I'm trying to show that in the picture of God creating all of us different and taking big concept like the Imago Dei, the image of God and giving it one word, which it's been, that was a lot of fun to do. So that's God's Very Good Idea. And I do have another kid's book, and that's with the Good Book company, that I'll be working on now-ish. But I'm really excited you all will be the first to know because it's not even-- no one knows, and Amazon hasn't put it up or anything. I have a book that will be coming out for the middle grade. So that's seven year olds to about 11-ish, called Creative God, Colorful Us. Because oh, I'm so excited. I'm so excited. I can't wait to show that. I got this young African American girl who is an artist, she paints. She's amazing. And her name is Chase Williamson. She's actually, if you've heard of Dorena Williamson, she's her daughter, but she teaches my young daughter art, well, I got her to create the cover it's really cool and gorgeous. And it's, it's just gorgeous. But that book is kind of-- what I've realized is that we have a lot of books for like the picture book, the younger

age, you know, and then we've got these adult books on race and racial reconciliation-- so many books that are coming in. But this young, kind of seven to 11 year old trying to figure these things, this truth out, we don't-- I don't see anything. And so Moody said, Yeah, you can do it. And so I did it. And that will come out. And I will, once I see it up, I will share it. But I'm really excited about that kids book as well.

Elyse Fitzpatrick 20:49

Tell us what it's called again.

Trillia Newbell 20:51

It's Creative God, Colorful Us. You won't be able to find it anywhere yet. But by the time this releases, hopefully it'll be available.

Elyse Fitzpatrick 21:01

That's so exciting. So you're a part of a local church?

Trillia Newbell 21:04

Yes.

Elyse Fitzpatrick 21:06

And as a woman are, do you try to use your gifts there in the local church? I know you've done a lot of stuff outside of the local church and in parachurch ministries. So in the local church, how are you used? How are you welcomed?

Trillia Newbell 21:23

You know, that's a great question. And I'm so glad you asked it. Because I believe I'm pretty-- I have a deep conviction that if I'm not serving the local church, I should question all the other things I'm doing. I just really do have a heart and desire for-- I mean, that's where God's ministry, you see it in the Scriptures. So for me, I lead Bible studies. And I've done that, and I also greet, and I've done kids ministry. And so, so that's what I do. And this fall, my husband and I are going to have a small group. And so, but for the women in our church, I've just, I have a fall Bible study coming up and had one in the spring, and I just do a lot of studying the Word, and I love it, it's the best, because there's like, 10 of us maybe in and we're getting together in a room and opening God's word, and it's really intimate. And I always leave so refreshed and knowing that this is, this is it, this is where God's called us to do ministry, in the context of the local church. And so, so yes, I'm very involved in my church, and I'm really grateful to be able to do that, and, you asked, am I welcomed? I have felt welcomed, I don't know about-- I can't speak for every woman, but as you know, I'm not one to shrink back. So I feel comfortable saying, hey, do you need help with this? And, yeah, you know, whether they need help or not, is up to them. And, I'm really excited about helping them bring up other women. And that's what we've been talking and trying to do. And even even this next season, which is, I mean, everything's a little weird, because of COVID. And, so there's a lot of transition and stuff, but I've talked to them, and tried to cast a vision for different ways we can train women. And so I have felt very welcomed and my ideas have been welcomed, um, there's always conflict in a local church context. And yeah, and I've had my fair share of "Wait a minute, No," you know, conflict. And thankfully, I'm also okay with the

conflict, so we work it out. But that's what you do in the local church, you try, as you can to be open and gracious and, but bold and speaking truth in love and, you know, but. But I don't know, I just can't speak for every woman in my church. And, I would say it all depends, because I think, as I look at my particular church, and I can only speak for my particular church, I see most of the women exercising their various gifts in the way that you know, we try to create things like events where someone who is really gifted in hospitality can do her thing or someone who is really gifted in teaching can do her thing. So there's lots of opportunities, but I do know that there have been other women who are like, Wait a minute, I want to be in the meetings with the ill you need to have a woman in at that table. And I don't think our church implements that. Well, our pastor has recently sent sermons to some of us, and I'm one of them to evaluate.

Elyse Fitzpatrick 25:21
Good.

Trillia Newbell 25:21
Yeah, yeah. So but, there are-- so it just it depends on who you talk to. I'm content, but I'm content, probably because I'm also content with pushing in and going forwards and, you know, I'll make it happen if I need to. So, but anyway, so. So I want to be really careful in saying, putting a blanket statement on the women in my church, and just because I'm only speaking for myself, yep.

Eric Schumacher 25:59
Yeah. Yeah. So speaking of conflict, you mentioned earlier that this summer has been an occasion just nationally for lots of sorrows. Is that something you want to talk to, talk about?

Trillia Newbell 26:13
I can. As long as you want to.

Eric Schumacher 26:14
Okay, yeah, that'd be great. Just-- what have been your thoughts, observations? And, how are you dealing with all that?

Trillia Newbell 26:22
You know, it was terrible. George Floyd's death rocked me to the core. I actually had another podcast, and I probably should have said I couldn't do it. Because I cried through the whole thing behind it. I couldn't get words out. It's terrible. It's so so sad.

Elyse Fitzpatrick 26:44
Yeah.

Trillia Newbell 26:45
And in the callous arrogance of that cop to kind of lay back on his neck. If we never believed in supremacy that could just have highlighting. It was a terrible, terrible, so devastating. And at the time, it seemed like everyone agreed. It was it was devastating. But there's something that's changed. Yeah. Yeah. And one of the things that was, I prayed, I was like, Lord, and I guarded my heart. I was like,

because because it seemed like we all were on the same page. At one. I mean, every people who had never spoken out, yeah, were so eager to speak out. Because you really, I mean, there was no excuse. There was nothing that could be justifiable about that. Right? Yeah. But since that happened, and there were a number of different things, I just named George Floyd. But there's a number of different things that happened. Like I said, we, I'm going to guard my heart because I, I've been in this conversation before I became a Christian. Yeah, I would host things at my local college. They were called coffee talks, and we'd have these race conversation. I've been doing this for a very long time. And so I was like, I'm gonna go by heart because what happens is, everything gets elevated, and we move on.

Eric Schumacher 28:13

Yeah. Right.

Trillia Newbell 28:15

What has happened now is everything got elevated. We haven't moved on, we've changed the conversation.

Elyse Fitzpatrick 28:23

Yeah.

Trillia Newbell 28:24

So now it's about the riots or about whatever it you know, and so we've kind of lost the, "Oh wait, wait, what is the injustice? What happened?" I will say, because I think I should say, I am for peaceful protests. I am 100% against violence.

Eric Schumacher 28:48

Yeah.

Trillia Newbell 28:49

So I am against that-- what I believe we saw, cops getting shot in cold-- No, I am. No, that should not be, that is injustice in itself.

Eric Schumacher 29:03

Yeah.

Elyse Fitzpatrick 29:03

Right.

Trillia Newbell 29:04

So there's no but there. I would just say, and, we don't need to forget--

Eric Schumacher 29:10

Yeah.

Trillia Newbell 29:11

--why we got here. Why we're here. And what-- Yeah! And so as we-- The unfortunate thing is what I thought might happen has happened. And there's a kind of a new silence again. These-- it's going to be forgotten, even this crazy violent time will be forgotten. More murders will happen. And it's going to go up again. And I'm just kind of over the roller coaster ride.

Elyse Fitzpatrick 29:14
How did we get here.

Eric Schumacher 29:45
Yeah.

Trillia Newbell 29:45
But I will say this, I've I never latched on to that ride because I was always on the road. Like I've always been on the train. I didn't have to jump on a trend.

Eric Schumacher 29:58
Yeah.

Trillia Newbell 29:59
So, for me, I'm just praying that there would be some of these... this elevation that's, that's been sustained that I don't see. That's my prayer, because because the upward is going to be hard to sustain it's, it's, it's not sustainable, but local action and, and activity amongst friends and conversations those can be had. And that's sustainable. And so my hope is, because I don't want to be a cynic. Right? My hope is, is that that is happening, and that there is still conversations and growth in action and communities coming together. I was talking to Karen Ellis, I don't know if you know Karen Ellis, but she's amazing. You don't, you need to. Anyway. She's a wonderful woman. But she is in Chattanooga, and they had a massive prayer vigil thing. But it was quiet. No one knew about it. But-- but in other words, the press didn't know about it. And we wouldn't have known about it, because it was just their local community. So there was a black, I believe it was a pastor or a community leader. They called for prayer, and people from all different cultures came together to pray. So those things, I just pray are continuing to happen. And we just don't see it. And I have faith that that is happening, but it's just disheartening. When you do see what you knew would potentially happen in the the general attention to this very important conversation.

Eric Schumacher 31:46
Yeah. So I think a follow up question that I have is, as-- so I think I've been, I've been watching those police related deaths of black persons videos, I made myself start watching those several years ago, and realized in watching, like, Okay, this is inexcusable, and it can't be brushed off. But it's still easy as a white man, to, to speak out when something happens and the hype is out there. But I don't have to live with that every day, in the same way that a person of color does. And I'm wondering, what would you like to say to your white friends, white brothers and sisters about, How can we help in the times when it's not hyped? Does that make sense?

Trillia Newbell 32:46

Yeah, I think one of the ways is, is living in such a way where your friends, who are people of color, can speak about it. And without-- and there's a welcome for that dialogue, keep the dialogue going. Especially if you're in relationship. If you're in relationship, you shouldn't assume that people-- like you just said, I mean, we will be carrying this...

Eric Schumacher 33:18

Yeah.

Trillia Newbell 33:20

So it is a burden on my heart. But, um, and so I think just knowing-- but even still, I also think one of the things that meant the most to me, during this time is when people-- they didn't call me and say, how are you? They called me and said, 'This is terrible, we should all,' and there was like this mutual mourning, and I could tell they care, it --because it's about, it's a human image bearer issue. You know, it's and so, if we could all just have that tenderness of heart, that we mourn with those who mourn, that we're carrying that mourning also. And I think that would be a great help. And I'm married to a white man. And one of the things that I'm so grateful about is that he carries it. He-- it's-- you would not-- You wouldn't question it. I mean, just because well, he's really white, like, English white. Okay? So his mom is from England. He's like pale skin, rosy cheeks, white. Um, but when you hear him and listen to what's on his heart,

Eric Schumacher 34:44

Yeah

Trillia Newbell 34:45

You can tell he's carrying these things. And so that's all I would I would say, okay, you you just want to not make it about your person of color, but-- especially as Christians. I mean, we want to weep for these, these things. Now, with that said, I also don't want to, we don't want to false-burden ourselves, you know, and only God can really carry all those burdens, right? So we want to-- there's a limit to, I mean, I don't care about every issue, but I do care about people. And so if we can kind of think that way, that helps in some ways. So just living in a life that is open, and that your relationships speak that you care, I think is helpful. Yeah. I don't know if that's real practical, but it's more of a heart issue, I think.

Eric Schumacher 35:44

Yeah, yeah, definitely.

Elyse Fitzpatrick 35:46

Well, Trillia, we have a lot of women who listen to this podcast, who have suffered injustice in their own personal lives. And some of them are women of color. Some are not. And so I guess I would, I would want to know, and I'm going to ask you this question. And then when you're done, I'll ask you the next question, which will be our Patreon question.

Trillia Newbell 36:13

Okay.

Elyse Fitzpatrick 36:14

So this question really is, you know, how would you-- How would you encourage women who maybe they've been in abusive relationships for the last two decades or something, and they just want to know, you know, when you're, when you're suffering injustice, how do you keep going? How do you keep going every day?

Trillia Newbell 36:38

Yeah, um, It's really hard. I think. I think if it's okay-- and it's probably appropriate that I share. I was sexually assaulted. Did you know that, Elyse? That, it's okay if you don't, but I was-- when I was 19, I was assaulted by a stranger who came into a room where a bunch of us were, and we all fell asleep. I woke up to something terrible. And-- by the-- I was 19. So I don't know what-- something came in. And I woke up another girl, we went into the hall, but he confessed it. Well, he ended up going to jail, I pursued it to the fullest. And so I told the administration at the school and they charged him and he ended up going to jail. But while I was sitting on and listening to that, because I had to go to a trial or something. Well, he had molested his kids, it was just terrible. And so I just, um, so I want to share that only to share that I am also an abuse survivor. And not someone who is saying this tritely. But someone who has endured suffering and and understands that trauma, and the, the shame and the-- even the weird guilt, as if-- Oh, it's so bizarre, but I understand that and so. So, for me, I have, I have been really grateful to not have felt any pressure to, to like, pull myself up by my bootstraps, or to be a certain way, I have been able to fall in the arms of the Lord. And, and so when I talked to you guys about that time, when I was depressed after my second miscarriage, I didn't feel any guilt to sit in bed. I couldn't read my Bible. I just, I would pray, but I just-- I think I watched Smallville, like all of the episodes, like random TV show. And felt absolutely no guilt, because I knew that my savior suffered greatly and he understood. So, just, I would just say draw near to the Savior who draws near to you, and who loves you so much more than you can even know or even imagine he, he longs to wrap his arms around you and carry you and that is what carries you not your strength, not your-- all the work you can do not your-- but he will, and He will give strength and He will give grace and He will give comfort. But it's in his time and you can just rest in that and rest in him and that is what carries me, is just knowing that I have a savior who has suffered in every way and who loves me and wants me to come to him.

Elyse Fitzpatrick 40:07

That's really beautiful. Trillia, thank you. Thank you so much for being with us today. I'm going to ask you another question about your new job and what you're hoping to accomplish there in your new position at Moody. So you can talk to us about that and tell us what it's like to be you there. But that's going to be a question for our Patreon supporters. And, for everybody else we're so thankful that you were with us today. We trust that this was encouraging to you. We want you to look up Trillia, if you don't know her, you need to know her. And tell us again the name of your book that's coming out?

Trillia Newbell 40:49

Oh, yes. Creative God, Colorful Us. So that's the kids book. Yeah.

Elyse Fitzpatrick 40:54

Perfect. Okay. So thanks for being with us, see you again next week.

Trillia Newbell 40:59
Thank you.